



Secure & Sound:

Cultivating Mental Health and Safety in Christian Schools

An ACSI Flourish Deeper Experience

Friday, May 1, 2026

8:15-8:30 am Welcome & Opening Remarks

8:30-9:15 am State of Youth Mental Health

Dr. Adam Wilson

9:25-10:10 am Breakout Sessions: Youth Mental Health

Theology of Ministry

Addressing the Mental Health Realities of Exceptional Learners

Recognizing Early Warning Signs of Mental Health Issues in Youth

Jerry Nelson

Dr. Tracey Twinam

Suzanne Eitzen & Jill Hart

10:10-10:30 am

BREAK

10:30-11:15 am Mental Health Policies & Procedures in Christian Schools

Dr. Lynn Swaner

11:25-12:10 pm Breakout Sessions: Staff & Educator Wellbeing

Mental Health Informed Practices to Maximize Academic Success

Creating a Culture of Wellness Among Faculty & Staff

Understanding Burnout & Compassion Fatigue in School Staff

Nancy Gillespie

Jon Widmier

Dr. Mark Mayfield

12:10-1:00 pm

CATERED LUNCH

1:00-1:45 pm State of School Safety

John Ford

1:55-2:40 pm Breakout Sessions: School Safety Policies

Crisis Management & School Emergency Preparedness

Balancing School Safety with a Positive School Climate

Cyberbullying & Online Harassment: Policies & Prevention

Brenda Sullivan &

Carissa Jaquish

Dr. Tyler Amidon

Dr. Mark Mayfield

2:40-3:00 pm

BREAK

**3:00-3:40 pm Panel Discussion - Mental Health and Safety:
Challenges & Solutions**

3:40-4:00 pm Closing Remarks & Next Steps